	QUESTIONS:
1	What is your gender? (a) Male (b) Female
2	What is your age?
3	What is your current GPA?
4	How important is your GPA to you? (a) Not Important (b) Somewhat Important (c)
	Important (d) Very Important
5	What year are you? (a) Freshman (b) Sophomore (c) Junior (d) Senior (e) Graduate
6	What is your college? (a) Arts and Sciences (b) Business (c) Education/Human Services (d) Academic Programs & Services/Undeclared
7	Which of the following best describes your number one priority after graduation? (a) Start a
	family (b) Enter the work force (c) Enter the armed forces (d) Attend graduate school (e) N/A
	(don't know)
8	Which best describes your reasons for choosing Shippensburg University? (a) To get away from
	home (b) To stay close to home (c) Location wasn't a factor in choosing Shippensburg
9	Where did you grow up? (a) Western PA (b) Central PA (c) Eastern PA (d) Outside PA
10	Approximately how many students were in your high school graduating class?
11	Where would you place yourself in your high school class academically? (a) Top 25% (b) 26%-
12	50% (c) 51%-75% (d) Bottom 25% After you graduate, what do you expect will be your starting annual salary?
13	What is the approximate combined annual income of your parents?
14	What is the highest level of education completed by your parent with the highest level of education? (a) Some high school (b) High school diploma (c) Associate degree (d) Bachelor
	degree (e) Master's degree (f) Higher than Master's (Ph.D., MD, etc)
15	Where do you presently live while attending Shippensburg University? (a) On campus (b) Off
	campus in Shippensburg (c) Nearby town (less than 20 miles) (d) Far town (over 20 miles)
16	How many minutes does it take you to get to campus? (0 if on campus)
17	On days of class where do you typically eat lunch? Pick ONE. (a) Kriner (b) Reisner (c) CUB (d) Other on-campus location (e) Off campus (f) I don't typically eat lunch.
18	Which best describes your household situation when you were 16 years old? (a) Single parent
10	home (b) Two parent home (c) Extended family home (d) Other
19	How many siblings do you have?
20	How many children do you plan on having?
21	What is the average number of servings of caffeinated beverage that you drink per day?
22	What kind of caffeinated beverage do you prefer? (a) Coffee (b) Energy Drink (c) Soda (d)
	Other (e) None
23	How many times a day do you typically brush your teeth?
24	Have you visited a dentist within this year? (a) Yes (b) No
25	Do you have a parent who smokes cigarettes? (a) Yes, presently (b) Previously, but not
	presently (c) Never
26	Do you smoke cigarettes? (a) Yes, presently (b) Previously but not presently (c) Never
27	Approximately how many cigarettes do you presently smoke per week?
28	Do you agree that abortion should remain legal? (a) Strongly agree (b) Agree (c) No Opinion (d)
	Disagree (e) Strongly Disagree
29	Which political party do you most identify with? (a) Democrat (b) Independent (c) Republican
	(d) Other

30	How many times per week do you attend religious services?
31	How many hours do you spend per week on extracurricular activities (athletic, academic, social,
	etc. including off-campus)? (Do not include hours working at a job. Round to a whole number of
	hours)
32	How many hours per week do you typically spend studying for your courses? (Round to a whole
	number of hours)
33	How many hours per week do you spend in the library?
34	How many times in a typical week do you visit the library primarily to study?
35	How many times in a typical week do you visit the library primarily for Starbucks?
36	What time do you visit the library most? (a) before 10am (b) 10am-2pm (c) 2pm-6pm (d)
	6pm or later
37	How many hours in a typical week do you spend with a tutor?
38	Do you currently take Adderall, Ritalin, or similar prescription for learning purposes? (a) Yes (b)
	No
39	What time is your earliest class this semester (choose the closest option)? (a) 8am (b) 9am (c)
40	10am (d) 11am (e) Noon or later
40	How many classes do you miss in a typical week?
41	Do you most often use a Mac or a PC? (a) Mac (b) PC
42	Do you most often use campus or private internet? (a) Campus (b) Private internet
43	What do you most often use a computer for? Choose one (a) School work (b) Social websites
4.4	(c) Music (d) Games (e) No access to a computer
44	Approximately how many hours per day do you spend on the computer?
45	How many hours per day do you spend on social networking programs (Facebook, Twitter, etc)?
46	Did you play an interscholastic sport in high school? (a) Yes (b) No
47	Are you presently participating on a S.U. intercollegiate sports team or do you plan to? (a) Yes (b) No
48	How many hours per week do you spend doing some sort of physical activity (team practice,
	intramurals, personal training, other recreation)?
49	How many hours per day do you spend playing video games?
50	How many hours per day do you watch television?
51	Do you feel you manage your time well? (a) Very well (b) Fairly well (c) Average (d) Not well (e) Very poorly
52	Are you satisfied with your time management? (a) Very pleased (b) Somewhat pleased (c) Ambivalent (d) Somewhat dissatisfied (e) Very dissatisfied
53	How many times a semester do you go home (not counting breaks) (a) 0-4 (b) 5-9 (c) 10-14
	(d) 15-19 (e) 20 or more (f) I live at home.
54	How many hours per week do you work at a paid job?
55	How many hours of sleep do you get on a school night?
56	When feeling tired while studying, which of the following is your favorite method to wake up?
	(a) Exercise (b) Listen to music (c) Eat (d) Shower (d) Caffeine (e) Other
57	Who is your cell phone carrier? (a) Verizon (b) AT&T (c) T-mobile (d) Sprint (e) other (f)
F.0	Don't have a cell phone
58	Do you have unlimited text or calling? (a) Yes (b) No (c) Don't have a cell phone
59	How many hours a day do you talk on the phone?

60	How many text messages a day do you send?
61	How many times a week you drink at least 2 alcoholic beverages a night?
62	In a typical week, how many servings of an alcoholic beverage do you consume?
63	Which of these alcoholic beverages do you consume most often? (a) Beer (b) Wine (c) Liquor (d) Other or None (I don't drink)
64	How do you feel towards your roommate(s)? (a) Positive (b) Negative (c) Indifferent (d) N/A
65	How many years have you known your roommate/s? If you don't have a roommate, enter 0.
66	How many times a week do you argue with your roommate/s? If you don't have a roommate, enter 0.
67	Are you currently in a relationship? (a) Yes (b) No (c) It's complicated
68	On average, how many dreams would you say that you remember per night? (a) 0 (b) 1 (c) 2 (d) 3 or more
69	What is the general content of your dreams? (a) Always different topics (b) Consistently have the same one dream (c) Reoccurring 3-4 different dreams (d) One recurring dream plus many different other topics
70	On a typical day of classes how much time (in minutes) do you spend getting ready in the morning?
71	What type of music do you most often listen to? (a) Hard rock (b) Classic Rock (c) Country (d) Jazz (e) Hip Hop (f) Rap (g) Other
72	On average, how many hours per day do you listen to music?
73	Which of the following best describes when you listen to music? (a) Studying (b) Working out (c) Free time (d) Driving (e) Other
74	Approximately how many states have you visited other than Pennsylvania?
75	How would you describe your diet overall? (a) Very Nutritious (b) Somewhat Nutritious (c) Somewhat Non-nutritious (d) Very Non-nutritious
76	What percentage of your overall diet consists of nutritious foods, such as, but not limited to: fresh fruits and vegetables, whole grains, etc?
77	How do you feel about your physical appearance on a scale from 1 (low) – 5 (high)? (a) 1 (b) 2 (c) 3 (d) 4 (e) 5
78	How satisfied are you with your body image? (a) Very Satisfied (b) Somewhat Satisfied (c) Somewhat Dissatisfied (d) Not Very Satisfied
79	How would you describe your body type? (a) Overweight (b) Underweight (c) Athletic (d) Average build
80	How many days a week do you work out (ie- go to the gym, run outside, workout videos etc.)?
81	How important is exercise to you? (a) Not important at all (b) Somewhat important (c) Very important
82	Which of the following best describes your credit card use? (a) pay balance in full each month (b) carry a balance month-to-month (c) parents pay the balance (d) don't have a credit card
83	Estimate how much student loan debt you expect to have at graduation.
84	At what age do you plan to start saving for retirement? If you've already started, enter the age you started. If your answer is never, enter 67.
85	If you were forced to do one of the following to reduce the federal deficit, which would you choose? (a) Raise taxes (b) Cut Social Security (c) Cut Medicare/Medicaid (d) Cut defense spending
86	How many pets did you have when you were 16?

87	If you had to do it all over again would you still choose to attend Shippensburg University? (a)
	Definitely (b) Most likely (c) Probably Not (d) Definitely Not
88	How helpful has your academic advisor been in helping you plan your class schedule? (a) Very
	helpful (b) Moderately helpful (c) Not helpful
89	How much money did you spend on textbooks or other course materials this semester?
90	How many Facebook friends do you have?